



Nourishment for the bookworm

This is a list of my favourite books and card sets. From time to time I will update this list – you can find the date of the latest update in the footer.

I suggest you have a look at the categories and then let yourself be guided by which title stands out to you the most ~ that'll most likely be the book for you to read right now. You can always come back for another one later 😊 ~ Enjoy!

Stories

- * A Little Princess – Frances Hodgson Burnett
- * Like the Flowing River – Paulo Coelho
- * Manuscript Found in Accra – Paulo Coelho
- * Sacred Journey of the Peaceful Warrior – Dan Millman
- * The Alchemist – Paulo Coelho
- * The Celestine Prophecy Series – James Redfield
- * The Land of the Blue Flower – Frances Hodgson Burnett
- * The Mists of Avalon – Marion Zimmer Bradley
- * The Northern Lights Series – Philip Pullman
- * The Parables of Kryon – Lee Carroll
- * The Philosopher and the Wolf – Mark Rowlands
- * The Prophet – Kahlil Gibran
- * The Secret Garden – Frances Hodgson Burnett
- * Tom's Midnight Garden – Philippa Pearce
- * Way of the Peaceful Warrior – Dan Millman

Esoterism

- * A little Light on the Spiritual Laws – Diana Cooper
- * Anastasia Series – Vladimir Megre
- * Animal Spirit Guides – Steven D. Farmer
- * Big Mind · Big Heart – Zen Master Dennis Genpo Merzel

- * Conversations with God Series – Neale Donald Walsch
- * Daring Greatly – Brené Brown
- * Energy Speaks – Lee Harris
- * Getting the Love You Want – Harville Hendrix
- * Journey of Souls – Michael Newton
- * Leveraging the Universe – Mike Dooley
- * Love, Freedom, Aloneness – Osho
- * Loving What Is: Four Questions That Can Change Your Life – Byron Katie
- * Manifesto – Barefoot Doctor
- * Mandala Journey to the Center – Bailey Cunningham
- * Mandalas & Meditations for Everyday Living – Cassandra Lorius
- * P'taah Series – Jani King
- * Playing the Matrix – Mike Dooley
- * Red Moon – Miranda Gray
- * Rising Strong – Brené Brown
- * Sacred Contracts – Caroline Myss
- * Serpent of Light beyond 2012 – Drunvalo Melchizedek
- * Sexual Awakening for Women – Dr Shakti Mari Malan
- * The 5 Second Rule – Mel Robbins
- * The Camino – Shirley MacLaine
- * The Courage to Laugh – Allen Klein
- * The Divine Matrix – Gregg Braden
- * The Law of Attraction Series – Esther & Jerry Hicks
- * The Life-Changing Magic of Tidying – Marie Kondo
- * The Power of Intention – Dr. Wayne W. Dyer
- * The Power of Now – Eckhart Tolle
- * The Power of Vulnerability – Brené Brown
- * The Seat of the Soul – Gary Zukav
- * The Untethered Soul – Michael A. Singer
- * Who Would You Be Without Your Story – Byron Katie
- * Wild Love – Gill Edwards
- * You Are a Badass – Jen Sincero

Health

- * 9 Ways of Body Wisdom – Jennifer Harper
- * Adrenal Thyroid Revolution – Dr. Aviva Romm
- * Birth without Violence – Frederick Leboyer
- * Breaking the Habit of Being Yourself – Dr. Joe Dispenza
- * Heal Your Body – Louise L. Hay
- * Healing Wise – Susun S. Weed
- * Reiki · Universal Life Energy – Bodo J. Baginski & Shalila Sharamon
- * Reiki & Other Rays of Touch Healing – Kathleen Milner
- * The Chakra Handbook – Shalila Sharamon & Bodo J. Baginski
- * The China Study – T. Colin Campbell
- * The Healing Power of Illness – Thorwald Dethlefsen & Ruediger Dahlke
- * The Healing Self – Deepak Chopra
- * The Emotion Code – Dr. Bradley Nelson
- * The Essential Oils Hormone Solution – Dr. Mariza Snyder
- * The Message from Water – Masaru Emoto

Cards

- * Grace Cards – Cheryl Richardson
- * Keepers of the Light – Kyle Gray
- * Magical Times – Jody Bergma
- * Magical Mermaids and Dolphins – Doreen Virtue
- * Native Spirit – Denise Linn
- * Nature's Whispers – Angela Hartfield & Josephine Wall
- * The Angel of Light Cards – Diana Cooper
- * The Fairy Oracle – Brian Froud & Jessica Macbeth
- * The Secret World of Crystals – Lee Simmons
- * Treasures Within – Positive Polly & Essential Oil Supplies
- * Vision Quest – Gayan S. Winter & Jo Dose
- * Water Crystal Oracle – Masaru Emoto
- * White Eagle Medicine Wheel – Wa-Na-Nee-Che & Eliana Harvey